
MONDAY

Wellness Hour
Oasia Balm Making
11am – 12pm
Wellness Lounge

TUESDAY

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WEDNESDAY

Wellness Hour
Body Scrub Making
11am – 12pm
Wellness Lounge

THURSDAY

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FRIDAY

Wellness Hour
Bath Bomb Making
11am – 12pm
Wellness Lounge

SATURDAY & SUNDAY

Wellness Hour
Oasia Balm Making
11am – 12pm, Saturday
Wellness Lounge

Wellness Hour
Body Scrub Making
11am – 12pm, Sunday
Wellness Lounge



DAILY RECREATIONAL SCHEDULE

Available only for guests staying in Wellness Rooms (Junior Suites and above)
Refer to LEARN WELL Workshop schedule for more details.



MARCH 2024

SATURDAY, 4PM

9 MAR

Pryce Tea – Tea Appreciation

- *What to Expect*
- Learn about basics of tea brewing techniques and tips
- Savour Oasia's signature tea blends - Refresh, Refuel, Recharge, and discover their unique homeopathic benefits.

16 MAR

Unique Ones – Soap Making

- *What to Expect*
- Learn about the benefits of scented soap
- Personalise your scented soap made from natural ingredients

23 MAR

Crunch Cutlery – Make your own cutlery

- *What to Expect*
- Learn about the edible innovation that is great for you and the environment
- Make your own granola cutlery

30 MAR

Unique Ones – Soy Wax Candle Making

- *What to Expect*
- Learn about the benefits of soy candles
- Personalise your scented soy candle made from natural ingredients

SUNDAY, 4PM

10 MAR

Grobrix – Community Urban Farming

- *What to Expect*
- Learn all about Grobrix and the basics of modern urban farming methods.
- Understand the sustainability and health

17 MAR

Young & Living – Ditch & Switch to Clean Beauty

- *What to Expect*
- Learn about safe usage of oil
- Linen spray and hair serum making

APRIL 2024

SATURDAY, 4PM

13 APR

Unique Ones – Soap Making

- *What to Expect*
- Learn about the benefits of scented soap
- Personalise your scented soap made from natural ingredients

20 APR

Pryce Tea – Tea Appreciation

- *What to Expect*
- Learn about basics of tea brewing techniques and tips
- Savour Oasia's signature tea blends - Refresh, Refuel, Recharge, and discover their unique homeopathic benefits.

27 APR

Unique Ones – Soy Wax Candle Making

- *What to Expect*
- Learn about the benefits of soy candles
- Personalise your scented soy candle made from natural ingredients

SUNDAY, 4PM

7 APR

Crunch Cutlery – Make your own cutlery

- *What to Expect*
- Learn about the edible innovation that is great for you and the environment
- Make your own granola cutlery

14 APR

Grobrix – Community Urban Farming

- *What to Expect*
- Learn all about Grobrix and the basics of modern urban farming methods.
- Understand the sustainability and health

21 APR

Young & Living – Ditch & Switch to Clean Beauty

- *What to Expect*
- Learn about safe usage of oil
- Linen spray and hair serum making

**LEARN WELL
WORKSHOPS @WELLNESS LOUNGE**

